

# YOGA & PILATES BOOKING INFO

**HAMMOCK**  
Wellness Centre

## BOOKING DETAILS

ALL PACKAGES ARE BOOKED DIRECTLY WITH INSTRUCTORS

## INSTRUCTOR CONTACT DETAILS

**MARILENA** 99316632  
**ESMERALDA** 99265731  
**NIDHI** 99547279  
**BANDANA** 95947369

## MONTHLY PACKAGE POLICY

All monthly packages last strictly 4 weeks. You may miss ONE class per month without charge, but that class should be replaced within the 4 weeks of your package. Notify your Teacher at least 24 hrs in advance in case you cannot attend a class.

## PACKAGE INFO

Packages with each Instructor are booked separately

**NOTE:** If your call is not answered immediatly, rest assured that your Teacher will get back to you. This just means they may be teaching, but will return your call asap

PRIVATE CLASSES ARE AVAILABLE UPON REQUEST  
[WWW.HAMMOCKCARE.COM](http://WWW.HAMMOCKCARE.COM)

